What is claimed is:

- A method of metallizing a substrate, comprising:
 depositing a dual-purpose layer on the substrate;
 electrochemically reducing oxides on the surface of the dual-purpose layer; and
 electrochemically depositing a conductive interconnect layer on the surface of the
 dual-purpose layer.
- 2. The method of claim 1, wherein the dual-purpose layer comprises a material capable of reducing diffusion of the conductive interconnect material into surrounding materials, and wherein the dual-purpose layer comprises a material having a resistivity that allows electrochemical deposition of the conductive interconnect material.
- 3. The method of claim 1, wherein the dual-purpose layer comprises a material selected from the group consisting of tungsten, tungsten nitride, and tungsten-silicon nitride.
- 4. The method of claim 1, wherein the material comprising the dual-purpose layer comprises tungsten.
- 5. The method of claim 1, wherein the conductive interconnect material comprises copper.
- 6. The method of claim 1, wherein a voltage of at least about 0.1 V and not more than about 1 V is applied during both the electrochemically reducing step and the electrochemically depositing step for a time period of from about 30 seconds to about 5 minutes.

- 7. The method of claim 1, wherein a current of from about 0.5 amps to about 10 amps and having a current density of from about 5 mA/cm² to about 25 mA/cm² is applied during both the electrochemically reducing step and the electrochemically depositing step.
- 8. The method of claim 1, wherein a current of from about 0.5 amps to about 10 amps and having a current density of from about 10 mA/cm² to about 15 mA/cm² is applied during both the electrochemically reducing step and the electrochemically depositing step.
- 9. The method of claim 1, wherein a current of from about 0.5 amps to about 10 amps and having a current density of about 12 mA/cm² is applied during both the electrochemically reducing step and the electrochemically depositing step.
- 10. A method of metallizing a substrate, comprising: depositing a dual-purpose layer on the substrate;

electrochemically reducing oxides on the surface of the dual-purpose layer in an electrochemical reaction cell comprising an anode formed from a material that can be oxidized in the presence of the material comprising the dual-purpose layer; and

electrochemically depositing a conductive interconnect layer on the surface of the dual-purpose layer.

- 11. The method of claim 10, wherein the anode is formed from titanium or titanized platinum.
- 12. The method of claim 10, wherein the electrochemical reaction cell contains a first electrolyte comprising the cation of the material used to form the anode.

- 13. The method of claim 10, wherein the anode comprises titanium and the first electrolyte comprises titanium trichloride, titanium sulfate, titanium bromide, titanium trichloride, titanium iodide, titanium fluoride, or mixtures thereof.
- 14. The method of claim 13, wherein the first electrolyte comprises titanium trichloride or titanium sulfate.
- 15. A method of metallizing a substrate, comprising: depositing a dual-purpose layer on the substrate; electrochemically reducing oxides on the surface of the dual-purpose layer utilizing a first electrolyte; and

electrochemically depositing a conductive interconnect layer on the surface of the dual-purpose layer utilizing a second electrolyte.

- 16. The method of claim 15, wherein the electrochemically reducing step is performed in a first electrochemical reaction cell and the electrochemically depositing step is performed in a second electrochemical reaction cell.
- 17. The method of claim 15, wherein the electrochemically reducing step and the electrochemically depositing step are performed in a single electrochemical reaction cell.
- 18. The method of claim 15, wherein the electrochemical reducing step is performed using a first anode and the electrochemical depositing step is performed using a second anode.
- 19. The method of claim 15, wherein the electrochemical reducing step and the electrochemical depositing step are performed using a single anode.

- 20. The method of claim 15, wherein the dual-purpose layer comprises a material selected from the group consisting of tungsten, tungsten nitride, and tungsten-silicon nitride.
- 21. The method of claim 15, wherein the material comprising the dual-purpose layer comprises tungsten.
- 22. The method of claim 15, wherein the conductive interconnect material comprises copper.
- 23. The method of claim 15, wherein the first anode comprises a material that can be oxidized in the presence of the material comprising the dual-purpose layer.
- 24. The method of claim 15, wherein the first anode is formed from titanium or titanized platinum, platinum, or copper.
- 25. The method of claim 15, wherein the first electrolyte contains the cationic species of the material comprising the first anode.
- 26. The method of claim 15, wherein the first electrolyte comprises titanium sulfate, titanium bromide, titanium trichloride, titanium iodide, titanium fluoride, copper sulfate, or mixtures thereof.
- 27. The method of claim 15, wherein the first anode is formed from titanium and the first electrolyte is titanium chloride or titanium sulfate.
- 28. The method of claim 15, wherein a voltage of at least about 0.1 V and not more than about 1 V is applied during both the electrochemically reducing step and the

electrochemically depositing step for a time period of from about 30 seconds to about 5 minutes.

- 29. The method of claim 15, wherein a current of from about 0.5 amps to about 10 amps and having a current density of from about 5 mA/cm² to about 25 mA/cm² is applied during both the electrochemically reducing step and the electrochemically depositing step.
- 30. The method of claim 15, wherein a current of from about 0.5 amps to about 10 amps and having a current density of from about 10 mA/cm² to about 15 mA/cm² is applied during both the electrochemically reducing step and the electrochemically depositing step.
- 31. The method of claim 15, wherein a current of from about 0.5 amps to about 10 amps and having a current density of about 12 mA/cm² is applied during both electrochemically reducing step and the electrochemically depositing step.
- 32. The method of claim 15, wherein at least one of the electrolytes comprises: the cation of the material from which the conductive interconnect layer is made; a complexing agent; and a pH control agent.
- 33. The method of claim 32, wherein the conductive interconnect layer comprises copper and the electrolyte comprises copper sulfate.
- 34. The method of claim 32, wherein the complexing agent is selected from the group consisting of ethylene diamine tetra acetate, boric acid, and malonic acid.

- 35. The method of claim 32, wherein the complexing agent is ethylene diamine tetra acetate.
- 36. The method of claim 32, wherein the pH control agent is tetramethyl ammonium hydroxide, ammonium hydroxide, or potassium hydroxide.
- 37. The method of claim 32, wherein the pH control agent is tetramethyl ammonium hydroxide.
- 38. The method of claim 32, wherein the electrolyte exhibits a pH greater than about 7.
- 39. The method of claim 32, wherein the electrolyte exhibits a pH greater than or equal to about 10.
- 40. The method of claim 32, wherein the electrolyte exhibits a pH greater than about 7 and less than or equal to about 12.
- 41. The method of claim 32, wherein the electrolyte exhibits a pH greater than about 10 and less than or equal to about 12.
- 42. A method of metallizing a substrate, comprising:

 depositing a dual-purpose layer on the substrate;

 electrochemically reducing oxides on the surface of the dual-purpose layer; and
 electrochemically depositing a conductive interconnect layer on the surface of the
 dual-purpose layer, wherein both the electrochemically reducing step and the
 electrochemically depositing step are performed in a single electrochemical reaction cell
 utilizing a single electrolyte.
- 43. The method of claim 42, wherein the dual-purpose layer comprises tungsten.

- 44. The method of claim 42, wherein the electrolyte comprises:

 the cation of the material from which the conductive interconnect material is made;
 a complexing agent; and
 a pH control agent.
- 45. The method of claim 44, wherein the conductive interconnect material comprises copper and the electrolyte comprises copper sulfate.
- 46. The method of claim 44, wherein the complexing agent is selected from the group consisting of ethylene diamine tetra acetate, boric acid, and malonic acid.
- 47. The method of claim 44, wherein the complexing agent is ethylene diamine tetra acetate.
- 48. The method of claim 44, wherein the pH control agent is tetramethyl ammonium hydroxide, ammonium hydroxide, or potassium hydroxide.
- 49. The method of claim 44, wherein the pH control agent is tetramethyl ammonium hydroxide.
- 50. The method of claim 44, wherein the electrolyte exhibits a pH greater than about 7.
- 51. The method of claim 44, wherein the electrolyte exhibits a pH greater than or equal to about 10.
- 52. The method of claim 44, wherein the electrolyte exhibits a pH greater than about 7 and less than or equal to about 12.

- 53. The method of claim 44, wherein the electrolyte exhibits a pH greater than about 10 and less than or equal to about 12.
- 54. The method of claim 42, wherein a voltage of at least about 0.1 V and not more than about 1 V is applied during both the electrochemically reducing step and the electrochemically depositing step for a time period of from about 30 seconds to about 5 minutes.
- 55. The method of claim 42, wherein a current of from about 0.5 amps to about 10 amps and having a current density of from about 5 mA/cm² to about 25 mA/cm² is applied during both the electrochemically reducing step and the electrochemically depositing step.
- 56. The method of claim 42, wherein a current of from about 0.5 amps to about 10 amps and having a current density of from about 10 mA/cm² to about 15 mA/cm² is applied during both the electrochemically reducing step and the electrochemically depositing step.
- 57. The method of claim 42, wherein a current of from about 0.5 amps to about 10 amps and having a current density of about 12 mA/cm² is applied during both the electrochemically reducing step and the electrochemically depositing step.
- 58. An electrochemical reaction cell comprising:
 - an electrical power source;
 - a cathode electrically connected to the electrical power source;
 - an anode electrically connected to the electrical power source and the cathode; and an electrolyte comprising:
 - a metal cation;
 - a counterion;

- a complexing agent; and a pH control agent.
- 59. The electrochemical reaction cell of claim 58, wherein the cathode comprises a substrate having a surface layer containing tungsten.
- 60. The electrochemical reaction cell of claim 58, wherein the metal cation is a cation of copper.
- 61. The electrochemical reaction cell of claim 58, wherein the metal cation and the counterion together comprise copper sulfate.
- 62. The electrochemical reaction cell of claim 58, wherein the complexing agent is selected from the group consisting of ethylene diamine tetra acetate, boric acid, and malonic acid.
- 63. The electrochemical reaction cell of claim 58, wherein the complexing agent is ethylene diamine tetra acetate.
- 64. The electrochemical reaction cell of claim 58, wherein the pH control agent is tetramethyl ammonium hydroxide, ammonium hydroxide, or potassium hydroxide.
- 65. The electrochemical reaction cell of claim 58, wherein the pH control agent is tetramethyl ammonium hydroxide.
- 66. The electrochemical reaction cell of claim 58, wherein the electrolyte exhibits a pH greater than about 7.

- 67. The electrochemical reaction cell of claim 58, wherein the electrolyte exhibits a pH greater than or equal to about 10.
- 68. The electrochemical reaction cell of claim 58, wherein the electrolyte exhibits a pH greater than or equal to about 7 and less than or equal to about 12.
- 69. The electrochemical reaction cell of claim 58, wherein the electrolyte exhibits a pH greater than or equal to about 10 and less than or equal to about 12.
- 70. A semiconductor, comprising:

 a conductive interconnect layer electrochemically deposited onto a dual-purpose layer.
- 71. The semiconductor of claim 70, wherein the dual-purpose layer contains tungsten.
- 72. The semiconductor of claim 70, wherein the dual-purpose layer is tungsten, tungsten nitride, or tungsten-silicon nitride.
- 73. The semiconductor of claim 70, wherein the dual-purpose layer is tungsten.
- 74. The semiconductor of claim 70, wherein the conductive interconnect layer is copper.
- 75. A memory device, comprising:
 an address decoder;
 row access circuitry;
 column access circuitry;
 control circuitry;
 an input output circuit; and

an array of memory cells, wherein at least one of the memory cells comprises a conductive interconnect layer electrochemically deposited onto a dual-purpose layer.

- 76. The memory device of claim 75, wherein the dual-purpose layer contains tungsten.
- 77. The memory device of claim 75, wherein the dual-purpose layer is tungsten, tungsten nitride, or tungsten-silicon nitride.
- 78. The memory device of claim 75, wherein the dual-purpose layer is tungsten.
- 79. The memory device of claim 75, wherein the conductive interconnect layer is copper.
- 80. A semiconductor die produced from a semiconductor wafer, comprising:
 an individual pattern on a substrate that contains circuitry or integrated circuit
 devices, wherein the circuitry or integrated circuit device performs a specific function,
 and wherein at least one of the integrated circuit devices comprises a conductive
 interconnect layer electrochemically deposited onto a dual-purpose layer.
- 81. The semiconductor die of claim 80, wherein the dual-purpose layer contains tungsten.
- 82. The semiconductor die of claim 80, wherein the dual-purpose layer is tungsten, tungsten nitride, or tungsten-silicon nitride.
- 83. The semiconductor die of claim 80, wherein the dual-purpose layer is tungsten.
- 84. The semiconductor die of claim 80, wherein the conductive interconnect layer is copper.

- 85. A circuit module, comprising a combination of two or more semiconductor dies, to form a circuit module for enhancing or extending the functionality of an individual semiconductor die, wherein one or more of the semiconductor dies comprises a conductive interconnect layer electrochemically deposited onto a dual-purpose layer.
- 86. The circuit module of claim 85, wherein the dual-purpose layer contains tungsten.
- 87. The circuit module of claim 85, wherein the dual-purpose layer is tungsten, tungsten nitride, or tungsten-silicon nitride.
- 88. The circuit module of claim 85, wherein the dual-purpose layer is tungsten.
- 89. The circuit module of claim 85, wherein the conductive interconnect layer is copper.
- 90. An electronic system, comprising:

one or more circuit modules and a user interface, wherein at least one of the circuit modules comprises a conductive interconnect layer electrochemically deposited onto a dual-purpose layer.

- 91. The electronic system of claim 90, wherein the dual-purpose layer contains tungsten.
- 92. The electronic system of claim 90, wherein the dual-purpose layer is tungsten, tungsten nitride, or tungsten-silicon nitride.
- 93. The electronic system of claim 90, wherein the dual-purpose layer is tungsten.

94. The electronic system of claim 90, wherein the conductive interconnect layer is copper.